

Home made soup with organic bread £4.50

The following fillings are available in sandwiches or crusty cobs.....

- Warm Cumberland sausage & homemade chutney
- Bacon, lettuce & tomato
- Home roast ham with Cumberland sauce
- Tuna savoury with mayonnaise
- Brie with cranberry sauce
- Cheddar cheese- with either pickle, tomato or onion

Sandwich served on wholemeal bread £5.25

Home made soup with a sandwich £6.95

Crusty cob with **either** salad **or** chips £7.25

Home made country terrine served with home made chutney & organic bread £5.50

Aberdeen Angus steak burger with fried onions in a roll served with salad or chips £8.95

Smoked Cartmel Valley chicken breast with mayonnaise and basil pesto in a crusty cob with fresh salad or chips

£7.95

Sun blush tomatoes with melting mozzarella in a crusty cob served with fresh salad or chips

£7.95

-Warm smoked mackerel fillet with fresh salad, organic bread & horseradish mayonnaise £8.75

-Fresh warm baked organic salmon with seasonal salad, new potatoes and lemon mayonnaise £9.95

-Three Shire's Ploughman's Lunch: a selection of cheeses & home roast ham, served with a fresh salad, pickle, chutney and organic bread £8.95

-Locally made Cumberland sausage with vegetables, onion rings and either chips or potatoes £10.25

-Beef in ale pie with a flaky pastry crust, fresh vegetables and either chips or potatoes £10.75

-Breaded scampi served with salad, chips and tartare sauce £10.75

Portion of chips

(only served to accompany other meals) £3.50