



THREE SHIRES

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LUNCH MENU

Lunch is served from 12 until 2.00pm

- Soup of the day with artisan bread **£5.25**
- *Lakeland burger of the day with coleslaw and chips* **£12.95**
- Spinach, chick pea and sweet potato curry with steamed rice, naan bread and mango chutney -**Vegan** **£11.95**
- *Char grilled chicken Caesar salad- baby gem, croutons, crispy bacon lardons, parmesan* **£12.95**
- Buffalo Mozzarella and tomato salad with pesto dressing **V/GF** **£9.95**
- *Chilli con carne – Lakeland beef and 3 bean chilli, steamed rice, sour cream and corn chips* **£12.95**
- Pasta Pomodoro – penne pasta with fresh tomato and basil sauce topped with parmesan cheese **V** **£11.95**


Three Shires Sharing Platters

- Whole baked camembert, sun blushed tomatoes, pesto, salad and bread for dipping **£9.50**
- Butcher's board : home roast ham, home made paté, pork pie, black pudding scotch egg, and chutney with Artisan bread **£12.95**
- Fisherman's platter: smoked salmon, peppered mackerel, rollmop herring, prawns with Marie-Rose sauce and salad Artisan bread **£14.95**
- Ploughman's lunch with a selection of cheeses, salad, chutney and pickles with Artisan bread **£10.50**

Open Sandwiches

£7.75

served on a thick slice of Artisan sourdough bloomer with coleslaw, dressed salad

- Grilled Blue cheese, apple and walnut served with spiced tomato chutney 
- Mature cheese and spring onion savoury
- Prawn Marie-Rose with avocado
- Smoked salmon with crème fraiche and pickled cucumber

Artisan Ciabatta *served with dressed salad, house slaw and crisps* £8.25

- Cumberland sausage with apple and apricot chutney
- Home cooked ham with little gem and fresh sliced tomato
- Cod and chip buttie – cod goujons, chunky chips and home made tartare sauce
- Bacon, lettuce and tomato with mayonnaise

Side Orders– only served as accompaniment to other meals: £3.95

Chunky chips / sweet potato fries / bread basket /
dish of fresh vegetables /salad bowl

Children's Meals: for younger children only! £6.95

- Breaded Fish Goujons, chunky chips and salad
- Penne Pasta in a tomato sauce
- Spinach, chickpea and sweet potato curry (spicy)
- Beef and bean chilli with rice

Desserts and Hot Beverages

We offer a selection of homemade desserts and English Lake's ice creams. Please ask at the bar!

Farrer's coffees, and various speciality teas are available throughout the day.



Allergen information is available, please ask when ordering your meal. We are happy to accommodate dietary requests if possible. We cannot guarantee against cross contamination for people who have severe allergies due to the size of our kitchen